



# COLLABORATIVE LAW

*Section*

**KING  
COUNTY  
BAR  
ASSOCIATION**

## Collaborative Law Section – January Meeting

Meeting Called By: Wil Miller, Chair

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Date: Friday, January 20<sup>th</sup>

Time: 12:00 PM to 1:15 PM

Topic: *Emotional Hurdles in Divorce*

**CLE Credit: 1.00 Other – Improving the Legal System – CLE Credit – A/V Approval #1237295**

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### Agenda

**12:00 PM** Introduction: Wil Miller, Chair

**12:10 PM** Presentation: “Emotional Hurdles in Divorce” by Anne Robinson Lucas

All finishing marriages have emotional stumbling blocks but there are some hurdles that bring additional complexity and depth to divorce and post-divorce relationships. This presentation will address three of these:

- Gay and Grey – coming out later in life and marriage
- Transgender – again, coming out later in life and marriage
- Long term polyamorous relationships and their impact in divorce

This presentation will provide information to raise awareness regarding the unique emotional impact on partners, parents, children, families, and social spheres which in turn impacts thoughts, feelings, and behaviors in a divorce.

- Understanding the story of each party
- Identifying the emotions and emotional impact involved for both parties and families

- The ability to acknowledge and hold in the process for professionals

**1:15 PM**      Adjourn

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### **Speaker Biography**

**Anne Lucas MA LMHC** is a mediator, coach, therapist, teacher/trainer. In her therapy practice she specializes in couple relationships – premarital, marital, divorce, remarriage and partnerships. She is the owner and clinical director of The Evergreen Clinic – a group of 20 mental health professionals in Kirkland, Washington providing mental health services to the area for the last 26 years. She works as a Divorce Coach in Collaborative Practice assisting couples in creating healthy divorce options and post-divorce relationships as well as a mediator helping resolve disputes with creative solutions. As a teacher/trainer, Anne is a co-founder of the Seattle Collaborative Law Training Group and has been training and speaking to attorneys, mental health and financial professionals in Collaborative Practice since 2009 locally, across the country and Canada. She is a frequent presenter at the International Academy of Collaborative Professionals annual Forums and along with Nancy Cameron, developed and taught the IACP Leadership Academy in 2013. She has been an adjunct faculty member of Saybrook University, the Seattle campus, since 2010. Anne currently serves on the Board of Directors for the International Academy of Collaborative Professionals and is a past President of both King County Collaborative Law and Collaborative Professionals of Washington.

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