

KING COUNTY BAR ASSOCIATION

1.00 Law & Legal CLE Credit - A/V Approval #1216953

Recorded on January 7th, 2022

Meeting Location	Date	Time	Topic
We are continuing 100% remote access meetings.	Friday, January 7, 2022	2:00 PM to 3:10 PM	Deepening Emotional Engagement and Finding Fresh Perspectives in Balint Groups

AGENDA

2:00 PM Introduction

2:10 PM Presentation: 'Deepening Emotional Engagement and Finding Fresh Perspectives in Balint Groups', by Joanna Roth, Family Transition Center and Gwen Mathewson, Mathewson Law & Mediation

Consultation groups, common in other professions, can be useful for Collaborative professionals. The Balint method of consultation provides participants with a safe and supportive space to creatively engage with difficult cases. Gwen Mathewson and Joanna Roth have been active in a Balint group since 2017, and will share their experiences.

3:10 PM Adjourn

SPEAKER BIOGRAPHY

Joanna Roth, Family Transition Center – Joanna trained in Collaborative Law in 2007, and has served on the KCCL Board, chaired the KCBA Collaborative Law Section, chaired the ADR Section of the Washington State Bar, and currently serves on the board of the Academy of Professional Family Mediators. She is always looking for new participants in her dance fitness class, and loves all things yarn, cloth and fiber.

Gwen Mathewson, Mathewson Law & Mediation – Gwen trained in Collaborative Law and mediation in 2007 alongside Joanna, and has worked only in out-of-court settlement processes for most of the years since then. She now is spreading the word that she is starting to limit her practice to full-team Collaborative cases only. She served on the KCCL Board for six years, including as President in 2020-21. She currently chairs KCCL's Access to Collaborative Committee, which is working on making

Collaborative affordable to more people via structured, reduced-fee services. She straddles Seattle and Port Townsend, and hopes to plant seeds of a Collaborative community on the Olympic Peninsula.
