



“Elements and Enforceability of Non-Compete and Non-Solicitation Agreements”

King County Bar Association, 1200 Fifth Avenue, Suite 600, Seattle

April 30, 2014

1.25 General **AV** CLE Credit Approved: approval # 370916

- **Elements of a Non-Compete Agreement**
- **Elements of a Non-Solicitation Agreement**
- **Add-on Components to These Agreements**
- **TRO and Preliminary Injunctions**
- **Examples and Enforceability**

SPEAKER BIOGRAPHY:

Presented by Aaron V. Rocke, Rocke Law Group, PLLC

Aaron V. Rocke practices civil litigation with emphasis in employment law and commercial litigation. He is a trial lawyer with dozens of trials and has been faculty for continuing legal education seminars on trial skills for groups such as the National Institute for Trial Advocacy and the Washington State Bar Association. He has taught trial techniques to law students at Seattle University and the University of Washington. He has served on the Washington State Bar Association’s Court Rules Committee and the Bar Examiners Committee, and is a past chair of the King County Bar Association’s Judicial Candidate Evaluation Committee. Along with his private practice, he accepts a limited number of cases as mediator or arbitrator, and serves as a judge pro tempore. His mediation qualifications include a certification from the University of Washington and mediation training from the EEOC. As mediator, he has settled EEOC charges of discrimination and private civil cases.

HOW DO I EARN CREDIT FOR SELF-STUDY OR AUDIO/VISUAL (A/V) COURSES?

Lawyers are allowed a maximum of 22.5 audio-visual credits out of the 45 credits required for reporting period compliance.

Only 22.5 credits must be live.

For pre-recorded A/V (self-study) programs, although the sponsor should apply for accreditation, **lawyers need to report the credits earned for taking the course.** If the program has been approved, you can simply add it to your roster and

(a) indicate the date(s) you took the course, and

(b) the number of credits you earned.

- To add an approved course to your roster, follow the procedures below:
- Go to the "mywsba" website at www.mywsba.org/.
- Log in.
- Click on the "Access MCLE" link in the "MCLE Info" box on your home profile page.
- Click on "Add Activity." Search to find the approved course in our system. (See search suggestions on the screen.)
 - ** If you already know the Activity ID number for the course, you need only enter that information on the search screen.
 - ** If you do not know the Activity ID number, you will need to do a search to see if a Form 1 has been approved for the course.
 - ** "Add Approved Activities" lists can be sorted, by clicking on the column headings, to make finding a course easier.
- Locate the approved course (activity) on the list and click on the Activity ID link to add it to your roster.
 - For live courses, correct the number of credits earned, if needed.
 - For A/V courses, (1) indicate the date(s) you took the course, and (2) the number of credits you earned.
- Click the "Add Activity" Button.

If you were not able to find the Form 1 for the course, click the Live or A/V Form 1 button on the search results screen, fill out the form, and submit the course for accreditation review. Form 1 applications must include a detailed agenda of the activity, including the start and end times for each session and break. Without a detailed agenda, no credit can be granted.

One (1) MCLE credit may be claimed for each 60 minutes of participation in an accredited activity. Time spent on course registration, introductions, breaks, and business meetings are not included in activity accreditation and may not be counted. Bar members are responsible for making appropriate adjustments to their records when the actual time spent in an accredited activity is less than the maximum approved credit-hours. Adjustments must also be made for late arrival, early departure or other periods of absence or non-participation.

- You can Edit or Delete any activity on your Current Reporting Period roster by clicking on the hyperlink to the right of an activity.
- Your online CLE credit roster is provided only for your convenience and is not an official record. At the end of your reporting period you must certify your credits with the online or paper CLE Certification (C2) form to meet Supreme Court MCLE compliance requirements.
- A "Certificate of Attendance" or other sponsor-provided certification is not sufficient to receive course credit.

For further assistance, contact the State Bar Service Center at 206-443- (9722) or 800-945-9722, or questions@wsba.org.