



Justice... Professionalism... Service... Since 1886

1.0 Law & Legal CLE Credit – A/V Approval #1086817

Recording Date - November 2, 2018

Recording Availability – November 16, 2018

Meeting Location	Date	Time	Topic
King County Bar Association 1200 Fifth Avenue - Suite 700 Seattle, WA	Friday, November 2, 2018	12:10 PM to 1:30 PM	Helping Our Clients Become Better Parents: Educational Options for Parents in Custody Disputes

AGENDA

12:10 PM Introduction

12:20 PM Presentation: ‘Helping Our Clients Become Better Parents: Educational Options for Parents in Custody Disputes’, by Mollie M. Hughes, Breakthrough Learning Center and Connor Lenz, King County Superior Court

1:30 PM Adjourn

SPEAKER BIOGRAPHY

Mollie M. Hughes, Breakthrough Learning Center – Mollie has interdisciplinary degrees in society, ethics & human behavior (B.A.), human rights and social policy (M.A.) from the University of Washington Bothell is a plus. However, her real credibility lies with her 20 years as a parent facilitator trained in nine different research-based parent curriculums as well as her 24 years as a therapeutic foster parent. Though the focus of her curriculum was Breakthrough Parenting and anger management for parents since 1997, she continues to use research information from many resources to keep her courses updated and fresh.

Ms. Hughes carved a niche for herself. She focused on marginalized parents; those involved in social services and court-mandated cases. She gave voice to parents going through separation, divorce or domestic violence cases and realized what most therapists and counselors had overlooked; parents are in these situations not because they are bad people, but because they are good people dealing with poor choices. Teaching parents how to organize, prioritize, analyze and critically think though difficult problems, empowers them to rehabilitate their thinking and improve their situations.

Ms. Hughes now teaches a curriculum to adult parents with lesson components which include developing empathy, strengthening communication skills, understanding brain development and human growth, building empathy and trust skills, creating and implementing agreements (policy begins at home!) and preparing children for the technical age.

Connor Lenz, King County Superior Court – Connor is the Program Manager of the Family Court Services, Adoption, Dependency Mediation & BECCA Programs.